

# Healthy average life expectancy (HALE) in Sao Tome and Principe

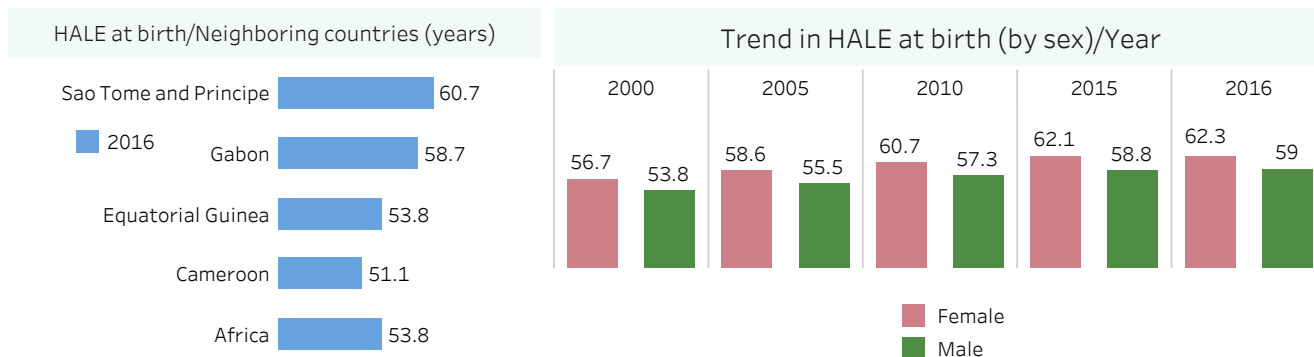
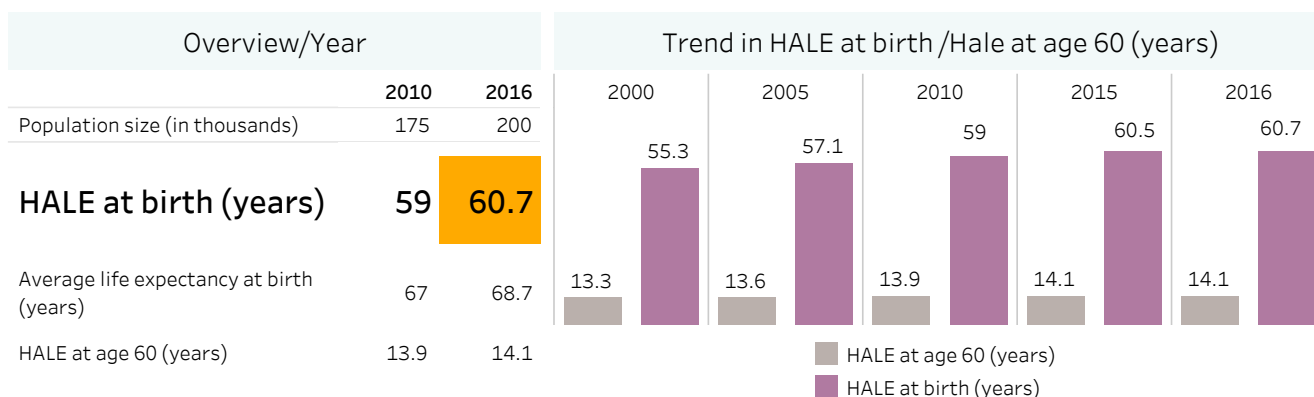
Healthy average life expectancy (HALE) at birth is the average number of years that a person can expect to live in "full health" by taking into account years lived in less than full health due to disease and/or injury. HALE adds up expectation of life for different health states, adjusted for severity distribution making it sensitive to changes over time or differences between countries in the severity distribution of health states.

With a strong service coverage index (54.6/100), population in Sao Tome and Principe expected to live in average 60.7 years in "full health" in 2016. That represents an increase of about 1.7 years compared to the value of 2010. Over the period 2000-2016, HALE in Sao Tome and Principe seems to increase by about 1 year each every 3 years.

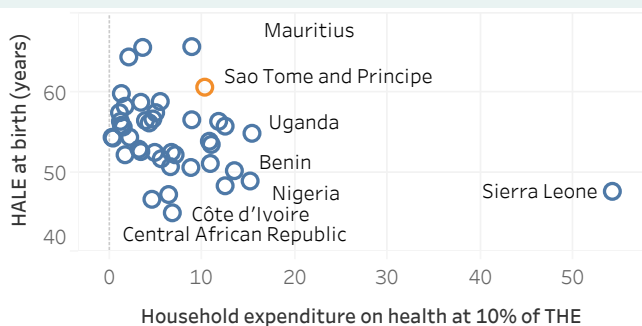
In Sao Tome and Principe, women seem to live in "full health" 3 years longer than men (over the period 2000-2016).

Sao Tome and Principe was ranked 5nd out of 47 for HALE in the African region in 2016. However, compared to its neighbors, Sao Tome and Principe was first ahead of Gabon (58.7 years), Equatorial Guinea (53.8 years) and Cameroon (51.1 years).

Source of data: African Health Observatory, <https://aho.afro.who.int/data-and-statistics/af>



HALE/Population (%) with household expenditures on health greater than 10% of total household expenditure or income (latest estimates)



HALE/UHC - Service coverage index (latest estimates)

